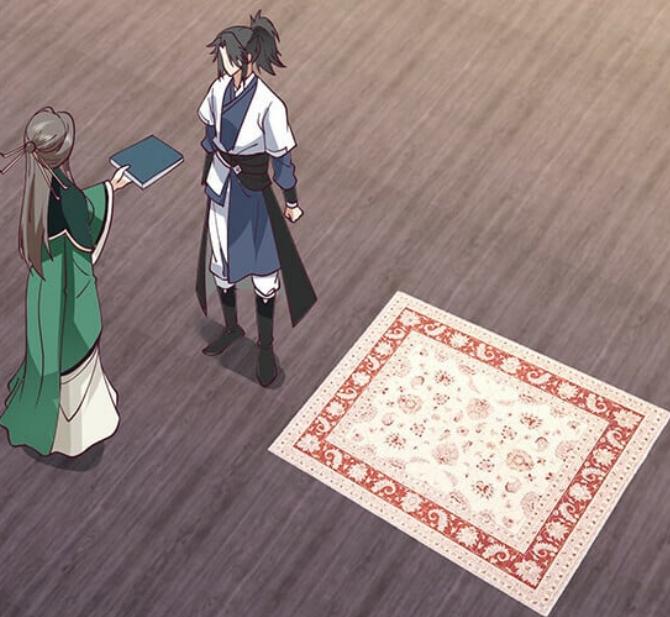
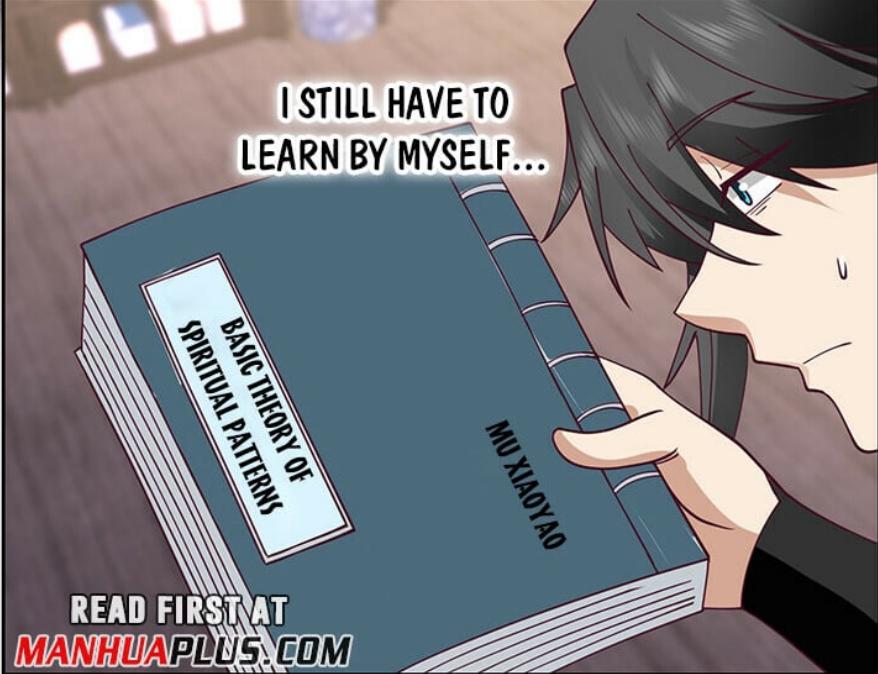




IF POSSIBLE, I WOULD  
LIKE TO START WITH THE  
BASICS!



FINISH READING  
THIS BOOK FIRST.



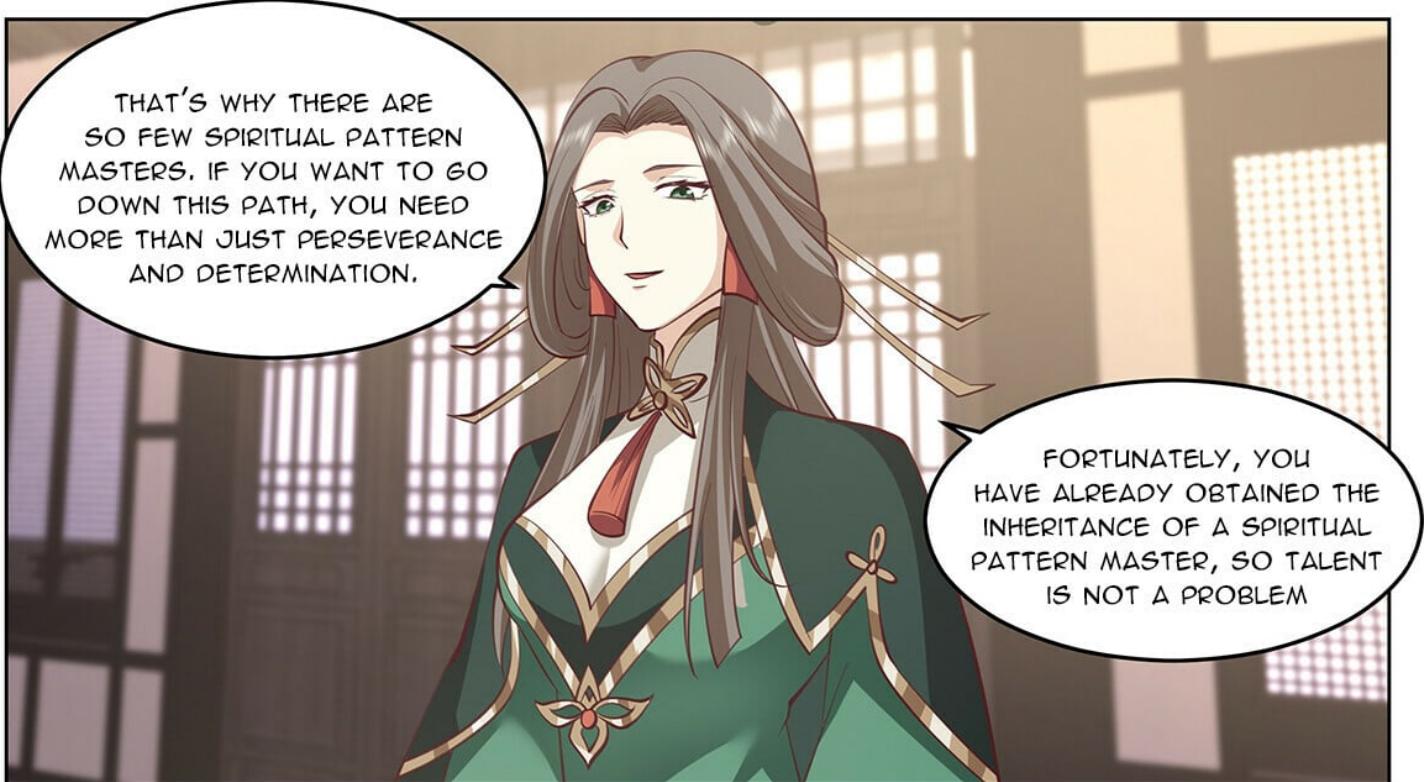
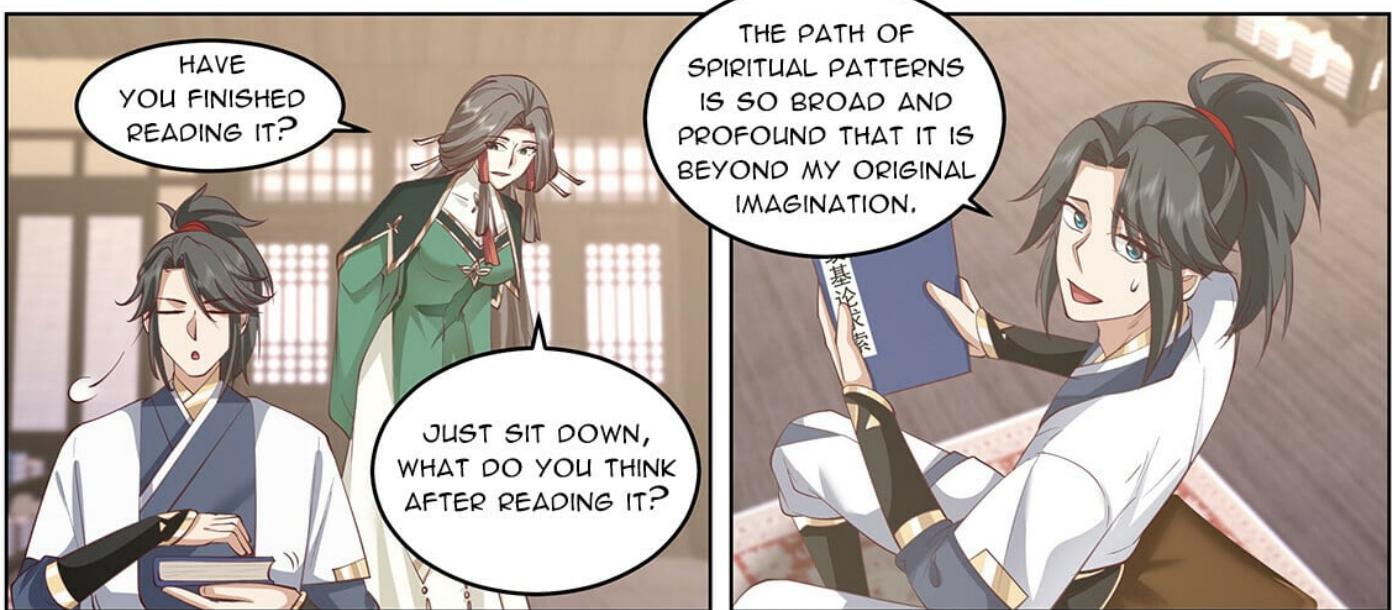
I STILL HAVE TO  
LEARN BY MYSELF...

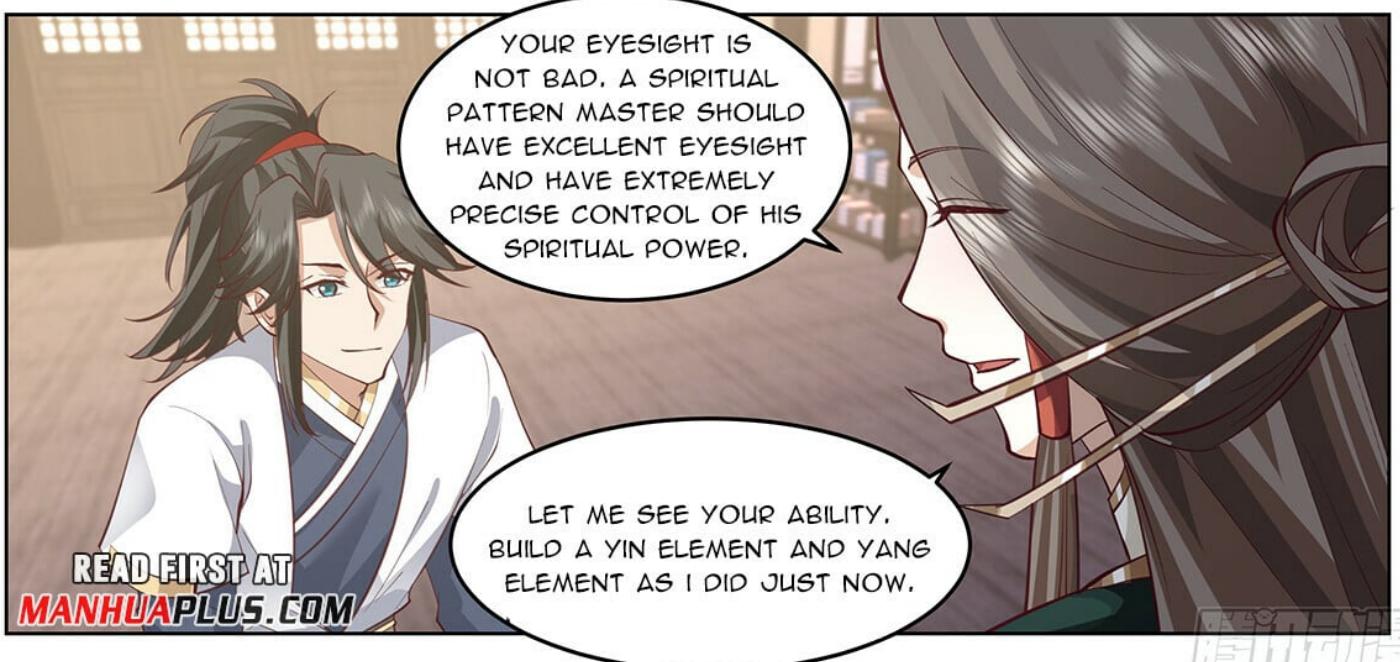
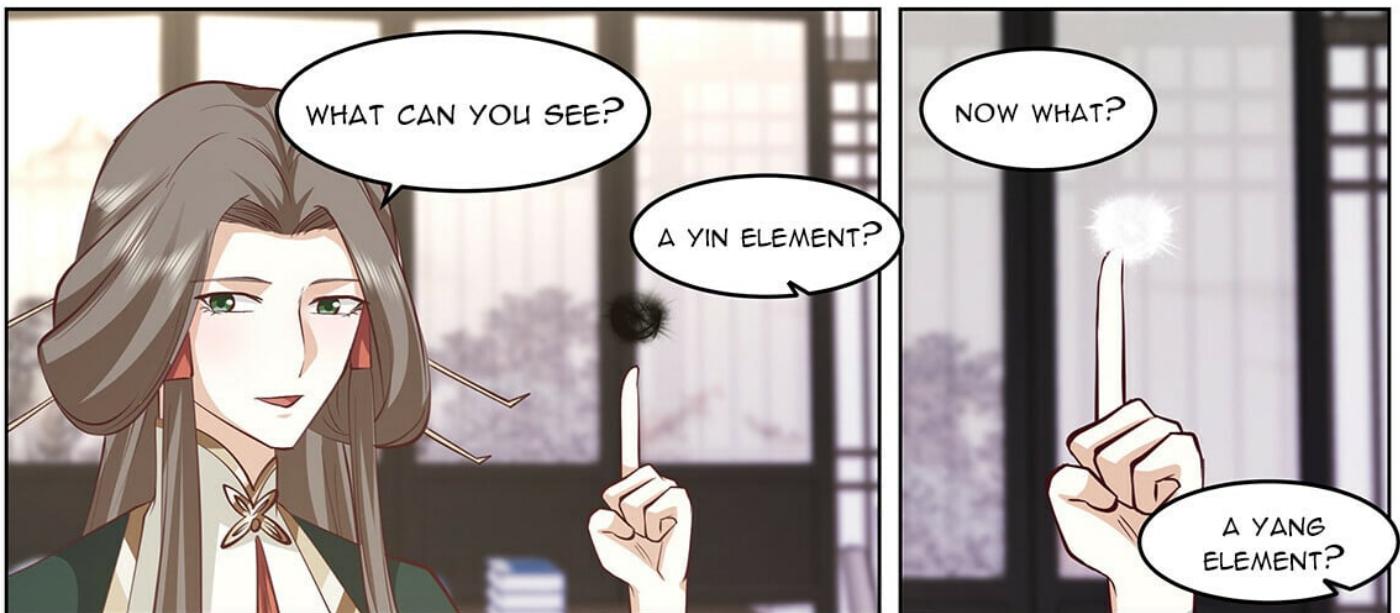
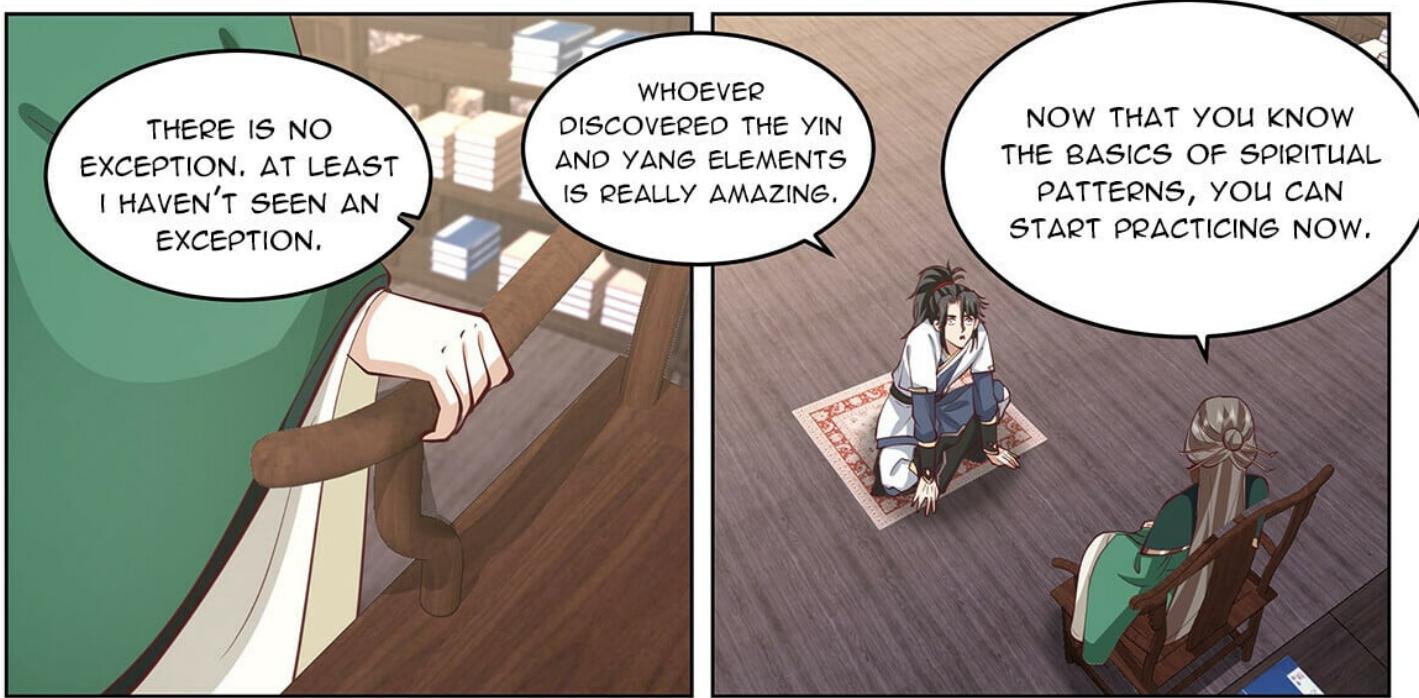
BASIC THEORY OF  
SPIRITUAL PATTERNS

MU XIAOYAO

READ FIRST AT  
**MANHUAPLUS.COM**







ONE INCENSE STICK  
OF TIME LATER

MADAM YUN DID IT AS IF IT WERE A PIECE  
OF CAKE, BUT IT TOOK ME ONE INCENSE  
STICK OF TIME, AND... THIS YIN ELEMENT  
IS MUCH BIGGER THAN THE ONE SHE BUILT!

VERY GOOD, WHEN  
I FIRST PRACTICED, IT TOOK  
ME TWO DAYS TO ACHIEVE  
YOUR LEVEL.

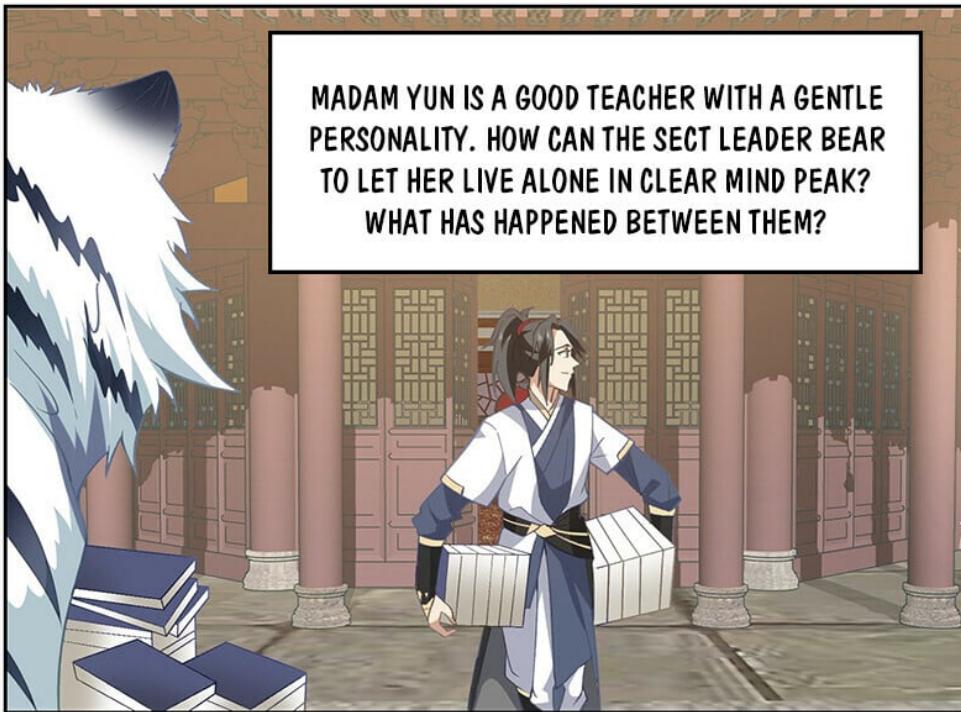
TRY TO BUILD A YANG  
ELEMENT.

WITH HIS PREVIOUS  
EXPERIENCE, IT'S MUCH  
EASIER FOR HIM TO BUILD THE  
YANG ELEMENT. HOWEVER,  
HE STILL CAN'T SOLVE THE  
SHORTCOMINGS OF IT BEING  
TOO BIG AND NOT STABLE  
ENOUGH.

VERY GOOD!

YOU'RE MAKING  
QUICK PROGRESS. NOW  
THAT YOU'VE LEARNED  
HOW TO BUILD YIN AND  
YANG ELEMENTS,  
ALL THAT'S LEFT IS  
PRACTICE.

WHEN YOU CAN CONVERT YIN  
AND YANG ELEMENTS AND MAKE  
THEM STABLE ENOUGH, YOU CAN  
SHRINK THEM TO THE SIZE OF A  
GRAIN OF RICE. THEN, YOU CAN  
PROCEED TO THE NEXT STEP.

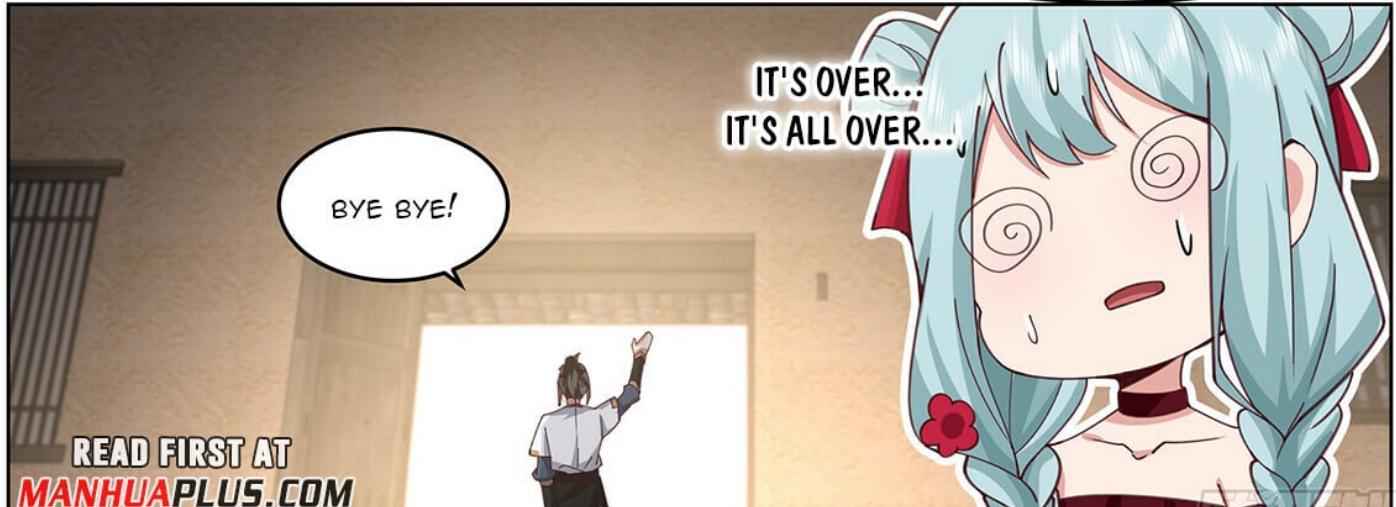
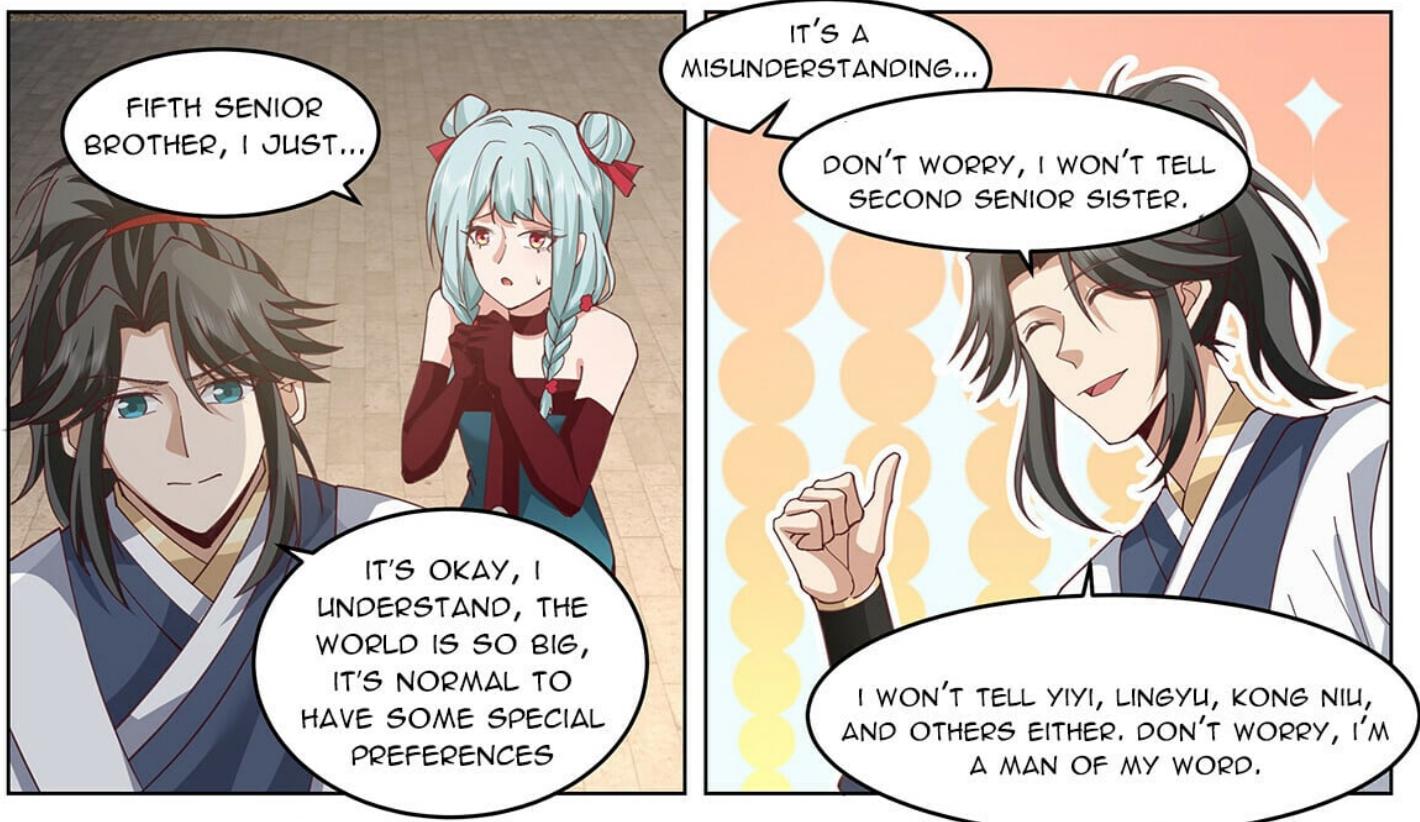


THE FOUR WALLS OF MY PERSONAL TRAINING ROOM ARE COVERED WITH SPIRITUAL PATTERNS.

AS THE GUARDIAN ENVOY, I SHOULD MAKE MORE ROOMS...

I WON'T HARASS SIXTH SENIOR SISTER ANYMORE. I'M NOT TRYING TO STEAL YOUR WOMAN, PLEASE DON'T HIT ME!

HUMPH? I THINK I'VE HEARD SOMETHING VERY TERRIBLE?



ONE DAY  
LATER

ALTHOUGH IT IS INTERESTING  
TO LEARN THE PATH OF  
SPIRITUAL PATTERNS, IT WILL  
EVENTUALLY BECOME  
BORING...

哈~

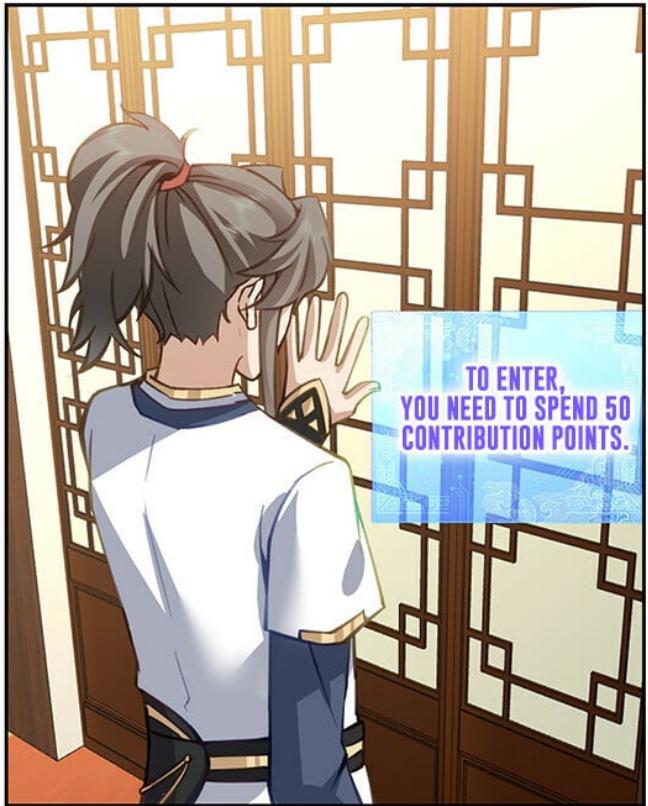
IT'S A PITY THAT I DIDN'T BRING  
MY BLADE WITH ME PREVIOUSLY,  
SO I BASICALLY WASTED MY 50  
CONTRIBUTION POINTS!



READ AT **MANHUAPLUS.COM** TO SUPPORT THE TRANSLATION TEAM

AS EXPECTED,  
I CAN TAKE MY  
BLADE WITH ME!

ABSOLUTELY!



READ FIRST AT  
**MANHUAPLUS.COM**

MANHUA  
PLUS



VISIT AND READ AT OUR  
WEBSITE [MANHUAPLUS.COM](http://MANHUAPLUS.COM).

TO SUPPORT THE TEAM AND FOR  
QUICKER HIGH QUALITY UPDATES!

THANK YOU FOR READING  
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